Summer 2020

Carty House Chronicle

A First Home & Helping Hand for Female Refugees in Ottawa

They say a picture is worth a thousand words. Well, this one is.

In the midst of these crazy times and Covid-19, Carty House residents are finding some silver linings. Like many households, the women are usually very busy. They seldom had time to eat together, and never as a full group! And yet, when everyone was home 24/7, they were supporting each other in ways that used to seem impossible. This was Easter Dinner.

So now, even as our city begins to open up again, the women have a new appreciation and perspective in what it means to be there for one another.

Our physical and emotional support of our residents has not skipped a beat. We have helped them find ways to keep busy and engaged. We made sure there were some new games and adults coloring books. The women did some movie nights and have been taking walks around the neighbourhood.

We also make sure they always feel cared for and encouraged by you, our community supporters. They truly appreciate it.

Thank you!

Health & Well-Being Matching Fund

Like the rest of us, our female refugee residents have health-related expenses that are "out-of-pocket."

These include important services such as:

+ Mental Health
+ Dental Care
+ Vision Care
+ Physiotherapy
+ Chiropractic
+ Prescriptions
+ Over-the-counter meds
+ First-Aid kits as well as health and hygiene care packages for when they move out.

We have a generous donor who will match funds up to $5,000 for this fund! Can you help us raise $5,000 this summer? Donate online or via cheque.

See page 4 for contact information.

AGM

Annual General Meeting

On May 28, we held our Annual General Meeting and announced the new Carty House Executive Committee:

Chair: Caitlin Williams
Vice Chair: Diana Martin
Secretary: Currently Rotating
Treasurer: Arelis Medina

Questions for the Board of Directors? Send an email to: cartyhousedirector@gmail.com

Did You Catch Carty House in the News?

CBC called Carty House to cover how lesser-known populations were dealing with the pandemic. Even though Carty House was having some challenges, like everyone else, we wanted to be sure to share that the community was rallying around our female refugees. Our supporters continue to give so generously! It's an uplifting story in these troubling times. To read the full story, including video, check out: https://www.cbc.ca/news/canada/ottawa/refugee-women-support-covid19-ottawa-pandemic-1. or search for "***Refugee women overwhelmed by support during pandemic***" that ran on CBC on May 18.

Out and About in Ottawa

As the residents have been self-isolating over these last months, they have been able to get out into nature and enjoy their new home-city. They have visited Westboro beach, Mooney's Bay, as well as the Gatineau Park. We know how beautiful this city is, and now they do, too!

2 Ways to Support Carty House this Summer!

Dominion City Brewing Co. is known to engage with and support local communities. They brewed a special beer last year called "Safer Shores" with a portion of the proceeds going to local refugee organization like Carty House. Folks loved the cause AND loved the beer! So it's back for a limited time and we get some of the proceeds, again. AND if you order ANY beer online, there's also a spot to donate to a different charity each month.

July includes Carty House!

Thanks DCBC!

The Generosity of the Young!

Maddy, a recent High School graduate, sold her prom dress and donated the money to Carty House! We wanted to know more!

1. **What first gave you the idea to sell your prom dress and donate the money?** I don't like for things to sit in my closet and never get used, if someone else can use it, that's what I prefer. I feel like prom dresses get circulated and I've seen others "bargain" to make a profit. I feel the new norm should be to help others, reduce their stress (especially around prom!) and the resale money should be to help other people.
2. **How did you decide on Carty House as the recipient of your donation?** We had already talked about donating the money to a women's shelter then my mom saw the CBC news coverage and suggested Carty House to me. Carty House has a specific purpose and I am aware of the extra resources needed to help refugees. I am aware that refugee women have to sacrifice and compromise themselves a lot.
3. **How would you encourage other teens to be creative in ways to give?** There are so many people who sell their clothes online that are self serving, charge too much and profit from their own extras. We should tap into those established resale sites and push for a new focus on how to sell your gently used clothes to donate the money, when possible. We teens can make a new norm and a renewed focus on caring for others. Sellers could give a portion of the sales of second hand clothes, just so people start to think about what others would benefit from. Profit can so easily be shared.

You inspire us Maddy!

The Perfect Gift is Right Here!

BIRTHDAYS—ANNIVERSARY—THANK YOU
THINKING OF YOU—IN MEMORY OF

From the comfort of your own home, order a Carty House Donation Card to send as a gift. Choose from a personalized emailed card or physical card that is mailed to you or your gift recipient. **Contact Carty House to arrange. A gift that shows you care!**

2020 Carty House Virtual Gathering

Fri, Sept. 25, 7pm, online

- ➔ Raffles!
- ➔ Storytelling from a past resident!
- ➔ Fun ice breakers!
- ➔ Silent Auction!
- ➔ Remarks from Louisa Taylor, ED of Refugee 613!
- ➔ Culture sharing!
- ➔ Carty House Tour!

Ticket Price: Suggested minimum donation $20/person or $10/student

Registration coming soon—Watch your email!

Legacy Giving

Donor Paul Haddow recently added Carty House to his Will. He agreed to share a bit more about this decision and his interest in supporting Carty House.

What drew you to think of adding Carty House to your Will?
As a retired civil servant, I have spent my career as a policy advisor in the areas of finance and trade, both here in Canada and at the international level. I was attracted to Carty House's mission of specifically assisting female refugees. In my work and travels, I saw how vulnerable women are, especially those arriving alone in a new country. Places like Carty House can help these women integrate into Canada and realise their full potential.

Why was it important to name Carty House in your Will at this time?
I believe that regularly updating your Will is important. I want to support Carty House in the present, but I also believe legacy planning is important. Updating a Will need not be complicated. It's important to make sure whatever you leave goes to those you want to help. I encourage others to consider their own legacy giving too.

THANKS, PAUL!

Make a legacy gift to Carty House in your own Will

Legacy gifts include:
- Cash
- Securities
- Charitable Bequest
- RRSPs/RRIFs
- Real Estate
- other property
- gifts in memory of a loved one.

We encourage you to consult a qualified professional when planning a legacy gift.

If you have any questions about making a legacy gift, please contact:
Louise Ebeltoft, Manager of Operations and Refugee Services at office@cartyhouse.org/613-236-8855.

Thank you for considering this gift!

Carty House

A first home and helping hand for refugee women in Ottawa.

OUR VISION

A welcoming community where all refugee women have access to a safe and stable home.

OUR MISSION

Carty House provides a first home and a helping hand to refugee women in need in the Ottawa area. We assist them in pursuing their claims and adjusting to their new life on arrival to Canada through the provision of accommodation, as well as through material, financial and psychological support.

613.236.8855

office@cartyhouse.org

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@CartyHouseOttawa

@CartyHouse

YOUR SUPPORT IS SO NECESSARY!

Carty House is small but mighty.
Our size allows us to make big impacts
in the lives of female refugees
who come alone to Ottawa.
Every donation makes a difference.
We can only accomplish this work with your help.
Thank you for your continued support.

Donations
via cheque
or through CanadaHelps
(visit CartyHouse.Org/Donate)
Charity Business #: 833764293RR0001

What???
You're Not Getting this Newsletter Regularly?

It's probably because we switched to electronic and we don't have your email address!

We're sending you this Summer 2020 edition in hard copy so you can contact us.

Please reach out so we can stay connected! Thanks!

Carty House

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