Summer 2021

Carty House Chronicle

A First Home & Helping Hand for Female Refugees in Ottawa

Vaccine Day!

Ottawa Public Health did an amazing job with the residents. These nurses were kind, patient, and informative.

Thank you so much!

ANNUAL REPORT

We had a great AGM last month and our 2020 Annual Report is online on our website, along with our audited financial statements.

You can also request a printed copy of either. Just let us know.

Carty House Happenings

--We welcomed a new resident in May and another will be arriving in June! Welcome ladies!

--Two residents have recently received positive outcomes from their refugee applications. They can now exhale and move on to establishing their new lives in Canada. Congratulations!

--Thanks to the Health & Well-Being Matching Fund, residents have been able to access dental work, eye glasses, chiropractic care, orthopedic winter boots, and many, many more health-related supports! Thank you!

--Two residents have enrolled for intensive English courses, one resident is taking an online computer course, another finished a certification in early childhood development. Others are busy with new jobs or volunteering.

--Some of the residents really enjoyed their adventure to see the tulips, and are enjoying the great outdoors.

--We are so grateful to the City of Ottawa for their recent grant to help us with some pandemic expenses for the residents and the House. The City also financed some laptops that the residents can utilize for school and work during their stay.

--Our gratitude is also extended to the Ottawa Community Foundation for a grant to help with volunteer coordination. As things open back up, we are excited to welcome our amazing volunteers back to the House!

--The Refugee Support Association at the University of Ottawa has finished their first year. These students continue to inspire us. Their "essential products" drive and other fundraising events raised $1,000 for Carty House this year. Thank You RSA! Enjoy your summer and see you in the Fall!

Thank you to each and every one of you for your support! You are the reason that Carty House can exist!

Celebrating our Volunteers!

Even in the midst of the pandemic, we have had some amazing individuals lend a hand here at the House.

Thank You, Catherine!

Last spring, we found this lovely soul on a list of individuals who wanted to give back during the pandemic. We desperately needed a weekly Tuesday grocery shopper. It was a match made at Carty House! Catherine is finishing up her year. We can't thank you enough!

Jeff continues with the Friday shift, and Erika is jumping in on Tuesdays.

Having nutritious food is so important. You all are amazing! Thank you!

"Sam the Man" put in a new walkway! It's beautiful!

Utilizing our volunteers during the pandemic has been a challenge. But at Carty House, we knew that virtual ESL tutoring with the residents was something we could do! Thanks ESL volunteers!

"Experiencing firsthand the drive and dedication each resident has for improving their lives has been deeply inspiring to me. Defining the term 'maple syrup' for example, can lead to a great conversation about food and then shared culture, which is in turn a learning experience opportunity for me."

– Sana, Carty House ESL volunteer

Join the Circle of Hope– Monthly Giving Program

We currently have 10 gracious monthly donors. Can you help us get to 21 in '21? Monthly giving is easy, affordable, and helpful! $10-$20 a month may not seem like a lot to you, but it makes a big difference to Carty House and the women we serve.

"As a monthly donor, I not only get to contribute to the impact at Carty House, but know that I am also helping to provide regular and reliable funding, allowing Carty House to maintain and carefully plan the support they provide." -Stacie

Thank you for considering!

DONOR HIGHLIGHT

"John"

"I know the sting of poverty and economic uncertainty. I remember as a young teen, when my mom, me and my mentally challenged brother were forced to go on social assistance because of family circumstances. The only pair of glasses that were covered were very ugly to me. I felt very humiliated having to wear them and was made aware that some people are more advantaged than others and that felt so unfair.

I am so glad that the residents who needed eyeglasses were able to get them through Carty House. And it is not always easy to escape from the grip of vulnerability without the assistance of compassionate individuals and organizations. Through the work of Carty House, these women are provided with a chance to rebuild their lives and rise above their very challenging and unfortunate circumstances. I am happy that I can contribute in some small way to this effort with the hope that these women will have happy and fulfilling lives in their new home in Canada."

Our Intern Reflects

A few short months ago I had never even heard of Carty House while living in B.C. But now, as I have come to the end of my internship, I have a deep appreciation and high esteem for this place and the incredible support it provides to those who need it.

As I got to know the women in the house and worked alongside Louise, I saw how invaluable this transition home is. Indeed, I caught myself wondering where these women would be without Carty House.

I learned that with consistent support and love, women who have faced unimaginable hardships in their country of origin, could come to Canada and find refuge, encouragement, and ultimately experience deep joy in spite of their challenges. Carty House truly is a haven and a newfound family for these beautiful women. I found myself wishing there were more places like this and that more people knew about this important work. To use the words of a current resident, Carty House is not just a transition home, but a transformational home. It quite literally saves lives.

I was impressed by the resiliency of the women at Carty House this year. Covid-19 presented even more challenges and unexpected barriers like delayed hearings and loss of employment. However, with support, their amazing ability to adapt and overcome obstacles of resettlement was remarkable. In addition to navigating new and unfamiliar systems, they showed admirable strength, and I was inspired.

Hearing the women's gratitude for Carty House was a gift that I will never forget. They called Louise, the Manager of Operations and Refugee Services, their guardian angel. No matter how long her to-do list, Louise makes time for each and every woman in their time of need. I saw how she built them up and empowered them to find solutions and develop confidence. I also witnessed the generous donations that arrived at just the right times. It was quite miraculous to see the generous consistent support from donors.

Among the many highlights, I will always remember organizing a Valentines day party, where we gave the women pedicures, manicures and I led them in a time of singing. The joy in that room was palatable, I'll never forget it!

In my short time at Carty House, my worldview was expanded, and my admiration for this organization will carry me into the work I do in the future. I am so grateful. *-Rachel Sousa, Carty House Intern, Spring 2021*

Carty House
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Carty House

A first home and helping hand for refugee women in Ottawa

OUR VISION

A welcoming community where all refugee women have access to a safe and stable home.

OUR MISSION

Carty House provides a first home and a helping hand to refugee women in need in the Ottawa area. We assist them in pursuing their claims and adjusting to their new life on arrival to Canada through the provision of accommodation, as well as through material, financial and psychological support.

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Thank you for your generosity!

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