Winter 2020

Carty House Chronicle

Thank You!

How do we even start to express our appreciation to all those who were part of supporting Carty House in 2019? Well, we'll try!

- For those who donated during the year
- For those who donate monthly
- For those who donated during the Annual Appeal
- For the Congregation of Notre Dame
- For all our volunteers, including...
- For those volunteers who helped with the kitchen renovations & painting
- For those who spent time gardening including those from EDC
- For those who helped with Ride for Refuge
- For our volunteer database pro

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- For our volunteer graphic designer
- For our volunteer grocery shoppers
- For our interns & office volunteers
- For those who helped with our 2019 Spring Fling & our summer Community Picnic
- For Matthew Fleury—Councillor - Ward 12
- For Catholic Centre for Immigrants
- For the Maycourt Club of Ottawa

- For those who donated blankets and quilts
- For those who donated coats & winterwear
- For those who donated clothing
- For those who donated household items
- For Intega for the new computers
- For Volunteer Ottawa
- For Shoe Bank Canada
- For All Saints Catholic High School
- For Citizens of Public Justice
- For the Sisters of the Holy Cross
- For the Oblates of Mary Immaculate
- For Barrhaven United Church
- For Algonquin College Print Shop
- For the Grey Sisters of the Immaculate Conception
- For Wooden Sky Band
- For Rose of Tralee Ottawa Centre
- For our Board of Directors
- For Dominion City Brewery & Refugee Event

Words are not enough. But Thank you, Merci.

2019 Annual Appeal Was A Great Success!

We look forward to another adventurous year here at Carty House. Thank you for your continued support of this important work!

We are so grateful to all who donated during our Annual Appeal in December 2019! Every single donation is important to us.

Our goal was $10,000 and with your help, we raised $16,066!

Your support will help us:

- Renovate each bedroom when rooms change over
- School and education supplies
- Bus passes
- Medications not covered by social services
- A new freezer (one that does not leak!)
- A new stove—they get a lot of use!
- Outings for the residents as they get to know Ottawa
- Workshops as residents continue to acclimate
- And much, much more!

In early 2020, we'll be sending out a survey to collect valuable information about what you want to know about Carty House, how you want to stay updated, and how we can better serve our supporters. We look forward from hearing from you and thank you for your anticipated feedback!

Program Highlight:

Rental Workshop for Residents

On November 20, a workshop was held to assist our residents in learning more about what to expect when they leave Carty House. The workshop was called "**Rent Smart Basics—Introduction to Successful Tenancies."** Our facilitator was Marie-Josee, Executive Director of Action Logement/Housing Action which offers bilingual services pertaining to housing loss and homelessness prevention in Ottawa.

The residents were very grateful to learn more about topics such as: finding a home, applying, Residential Tenancies Act, including rights and responsibilities of both tenants and landlords, budgeting, scams, how to be a good neighbor, maintenance, pests, insurance, and where to go for help. his program is part of the Rent Smart process that is aimed at informing and supporting members of the rental community. Thanks Marie-Josee!

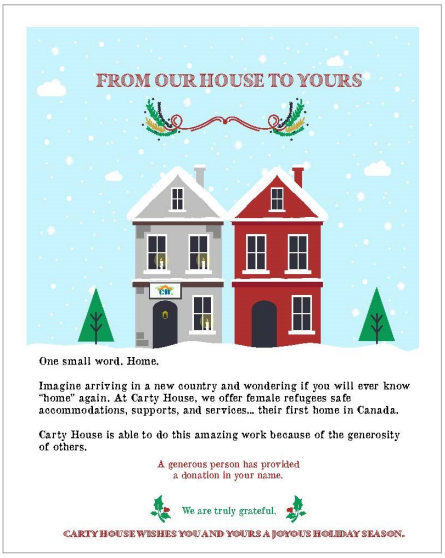
ACTION-LOGEMENT ACTION HOUSING

Our residents really valued being encouraged to rank their housing priorities. **How would rank these for yours?**

Location? Public Transportation? Security? Outdoor space? Appliances? Laundry Facilities? Nearby stores & services?

What if you could only choose 2?

New Carty House Donation Cards Coming Soon!



As part of our Annual Appeal this year, we published Carty House Donation Cards. The idea was for individuals, organizations, or companies, to purchase one or more cards and give them as gifts during the holiday season. The card lets the recipient know that a donation was made in their name.

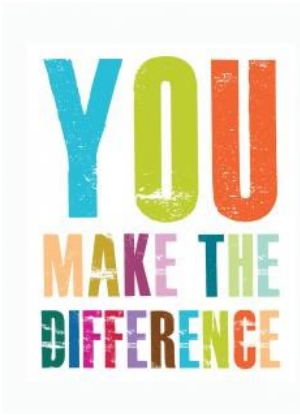
Because there is interest, we will now be producing a new version of the Carty House Donation Card that you can give as a gift for birthdays, anniversaries, to honour someone who has passed away, etc. Most of us have more than we need—why not give a gift to someone you care about and to Carty House at the same time! Stay tuned for more details!

December 20 was The Wooden Sky Annual Holiday Revue in support of Carty House. It was a great night of amazing music and kindred spirits. Thanks to The Wooden Sky band & friends (including Ottawa's own Amanda Lowe). Check out their music at:
http://www.thewoodenskymusic.com/
https://www.facebook.com/AmandaLoweMusic/

Louise Ebeltoft, Carty House Manager of Operations and Refugee Services, Mayor Jim Watson, and current volunteer and former Carty House resident, Pamella Mubeza, welcome new volunteers at the annual Volunteer Expo in October at City Hall.

It was a chilly, but sunny start to the 2019 **Ride for Refuge** in October. In total, there were 215 Participants, 41 Teams, and 17 Charities. Carty House Board member, Janice, (left), and volunteers Lisa and Shirley, were on hand to staff a Rest Stop, as well as thank all who rode or walked to raise funds for refugee work in our city. Check out our Facebook page for more pics from the day. And **save October 3, 2020**, for this year's ride!

Donor Highlight



"Susan" (who would like to remain anonymous) spent some time with us to share a bit about her own motivation to support Carty House.

How did you first hear about Carty House?

I heard about Carty House from Sister Nina of the Congregation de Notre Dame. I learned that one of the CND Sisters started Carty House and then it grew into a non-profit charity that continues to serve.

What inspires you to continue to support Carty House?

I was reluctant at first to donate because I hadn't heard very much about Carty House, but as I began to understand about the services you provide, it began to appeal to me more. I see there is a great need to help refugee women get back on their feet. We have a large responsibility to help support newcomers and get the word out on how and why we should support them. There are so many needs out there and choosing somewhere to support can be difficult, but I really believe in and support what you do at Carty House. It's different being a woman, coming alone to a new country. I live in a town that supports refugee families each year, and I really believe this is an important part of our society obligations.

What has being involved in philanthropy meant in your own life?

I used to support mostly my church, but I grew in my understanding of what needs are out there. I've branched out now and discern carefully who and how I support. I want to be a part of organizations that share my same values.

What's Happening at the House? Receiving a New Resident!

So what happens when a room becomes available at Carty House? Although we are always sad to say goodbye to a resident, at the same time, we are always excited when each woman begins to find a new independence.

So first and foremost, we do what we can to support this "exiting" resident by assisting her in gathering furniture and household items, and providing referrals to appropriate services.

Once the room is vacant, it gets a good cleaning and new paint job, lovingly supplied by our great volunteers, Jamie and April, are pictured here. Thank you! A care package is then put together so our new resident feels right at home with fresh towels, cozy blankets, toiletries, warm socks, and slippers!

Our House Manager of Operations and Refugee Services will support this new resident with whatever she needs, including getting to know the city, services provided for newcomers, and assistance in just about every other aspect of staring over with a new life in Canada. And at the end of the day, sometimes all that is really needed is a warm smile and a big hug.

We welcomed a new resident in January 2020. She is very happy to be here. Thank you to all our supporters. You make this important work possible.

A special **THANK YOU** to those businesses that supported us during our Annual Appeal by making Carty House Donation Cards available.

Dominioncity.ca

153 Laurier

275 Laurier

244 Laurier

261 Laurier

Laurier @UOttawa

Be sure to thank them for supporting Carty House when you patronize these establishments!

Carty House

A first home and helping hand for refugee women in Ottawa.

OUR VISION

A welcoming community where all refugee women have access to a safe and stable home.

OUR MISSION

Carty House provides a first home and a helping hand to refugee women in need in the Ottawa area. We assist them in pursuing their claims and adjusting to their new life on arrival to Canada through the provision of accommodation, as well as through material, financial and psychological support.

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YOUR SUPPORT IS SO NECESSARY!

Carty House is small but mighty.
Our size allows us to make big impacts
in the lives of female refugees
who come alone to Ottawa.
Every donation makes a difference.
We can only accomplish this work with your help.
Thank you for your continued support.

Donations

via cheque
or through CanadaHelps (visit CartyHouse.Org/Donate)
Charity Business #: 833764293RR0001

Save the date

—*May 28: Carty House Annual General Meeting*
—*June 14: Carty House "Spring Fling" Dinner @ Rideau Sports Centre*
—*Oct 3: Ride for Refuge*

Carty House

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