Winter 2021

Carty House Chronicle

A First Home & Helping Hand for Female Refugees in Ottawa

Although our goal for our 2020 Annual Appeal was $10,000, you helped us raise over $20,000! You have been amazingly generous this year and have made it clear that, even in the midst of your own pandemic challenges, you care about these vulnerable women!

What can we say...but *Thank you!*

We also want to thank all the organizations and businesses that have supported us over this last year:

100 Men Who Care—Ottawa
Avant Law
Barrhaven United Church
Benevity Community Impact Fund
Blanket Brigade - Kanata
Canadian Martyrs Church
Canadian Museums Association
Catholic Centre for Immigrants (CCI)
Centretown United Church
City of Ottawa
Common Thread Quilt Guild
Congregation of Notre Dame
CPJ Corp.
Dymon Storage
Dominion City Brewing Company
Gabriela Paz Henriquez-Johnson Life Coaching
Global Affairs Canada-Comms Team
Green Gables Vines
Grey Sisters of the Immaculate Conception
Happy Goat Coffee Company
Immigrants Integration Support
Indigo—Chapters
intega IT
Kelly Duncan Energy Coach
Kent Street Dental
Loblaws
Lytica
Maple Leaf Sports & Entertainment
Matthew Fleury—City Counselor
National Arts Centre
OK Water
Ottawa Community Foundation
Ottawa Public Library
Period Packs
Project Northern Lights
Pure Kitchen
Refugee Support Assoc UOttawa
Restoring Life Outreach
Shoebox Project Ottawa,
Simons
Sisters of Holy Cross
Socks4Homeless
Snark Coffee
Starbucks
The Bridge Public House
The Wooden Sky Band
Tim Hortons
Tracy's Urban Farmhouse
United Way
Volunteer Ottawa
WarmWishesGifts.Ca
White Clover Soap
Women's Initiatives for Safer Environments (WISE)

Health Care is Compassion!

Health & Well-Being Matching Fund

In December, we hit our 2020 goal of raising $5,000 to match the $5,000 that was donated as a matching grant! Thank you to each and every one of you! These funds will be used for Mental Health/Dental Care/Vision Care/ Prescriptions/Over-the-counter meds and so much more.

THANK YOU!

Carty House Happenings

The House has been busy! The holidays were an amazing time of celebration for the residents. Due to the generosity of so many in our supportive community, they received some lovely gifts, including new PJ's, slippers and robes. They also received beautifully decorated shoeboxes filled with new and practical items like mitts, health and beauty products, and gift cards. Thank you to everyone! The residents were overwhelmed!

In November, the residents participated in a workshop on safety awareness and skills sponsored by the Women's Initiatives for Safer Environments. WISE provides services in the City of Ottawa promoting women's safety and working to prevent and end violence against women. Thanks WISE!

We have also recently celebrated three birthdays with food and dancing. The kitchen here always smells amazing. In January, we welcomed a new resident and the current residents surrounded her with lots of care and support. Welcome!

In the midst of all this busyness, there are still the real and daily stressors that each resident faces, including how the pandemic is affecting their families back home, as well as life here in Ottawa. Other daily stressors include finding a job that will help them move on from Carty House, and allow them to be self-supporting. For others, it's the need to return to school to develop the skills needed for employment and/or waiting for a hearing date that would establish their permanent residency and safety in Canada.

Thank you for your continued support of each one of these residents!

Carty House hosted its first online Trivia Night on December 12. It was a blast. We sold 54 tickets, hosted 13 Teams, and raised $1,217.00. Thanks everyone! Do you know the answer to this question?

Q. What was the most-watched TV episode of the 1990s?

(The answer at bottom of page)

Next Trivia Night will be a "general" theme: Sat Feb 20 at 7:30pm! Tickets and registration at CartyHouse.org

intega IT™

IT Made Simple. Business Assured.

A special shout out to intega IT who continues to take such good care of Carty House.

Through a recent grant, Carty House received laptops and tablets that the residents can "check-out" to use, while living at Carty House. intega IT took care of getting all the laptops ready to go and loaded up with the needed software.

intega IT also created holiday gift baskets for each resident.
So very generous.
Thanks intega IT!

Refugee Support Assoc U of O

Refugee Support Association

This student group was established Fall 2020 and they are off to a great start. They recently hosted a virtual Talent Show last night with proceeds to Carty House! Thanks RSA! Follow them on Instagram: @uottawa_RSA

Are you on Facebook? Find us! @CartyHouseOttawa

LIKE SHARE & FOLLOW

Trivia Answer: Season finale of Cheers!

DONOR HIGHLIGHT: Diane Drapeau

Back in May, I saw a story on CBC news about Carty House and how the residents were fairing during the pandemic. The enthusiasm and love that Louise Ebeltoft, the Manager of Operations and Refugees Services, had for the residents, was so evident, I knew right away that I wanted to get involved. I have been blessed to have been able to volunteer, in various cities, at shelters for abused women, homeless women and women who are incarcerated, as well as individuals and families who are struggling with or have been affected by addiction. I am retired now and have even more time to give.

I believe in helping women as much as I can. We make up most of the Canadian population, and 70% of the poor in this country. I was born in a white middle-class family where all my needs were met, and I am extremely grateful for the life I have. But I am also very much aware that there are numerous women who are not as fortunate and who sometimes need a leg up. I cannot imagine how it feels for a woman to leave her home country (and often leaving her family and friends behind), and move across the world to a new place, where everything is unfamiliar. These women have been through so much, yet they don't let that slow them down. They continue learning and developing new skills. They are in my thoughts and prayers. I look forward to the end of this pandemic, so that I can start helping them in more ways, and to assist them in moving on with their new lives in this great city and amazing country!

Joining the Board - Mariia Alekseevskaia

"While pursuing graduate studies in the sociology of migration at the University of Ottawa, I became interested in volunteering in the field. Since the pandemic, that impulse only grew and I knew I wanted to use my skills and expertise to serve in the community. I am very grateful for the opportunity to join the Board of Carty House and to share my perspectives as an immigrant woman, and expertise as a researcher in international migration."

Mariia joined the Board in August and will serve in a 3-year term. Welcome Mariia!

Our new Intern - Rachel Sousa

Rachel is originally from Kelowna, B.C. and attends Trinity Western University in Langley, B.C., where she is completing her final semester of her degree in International Studies. Throughout her education, Rachel has had the opportunity to study International Relations, and has developed a heart for refugees. As part of her internship practicum with the Laurentian Leadership Program, Rachel will be interning at Carty House during this semester. Rachel appreciates the mission, values and vision of Carty House and is very grateful for the chance to join the team. Rachel loves to sing, play the piano and violin and is fluent in French. Welcome Rachel!

Youth Leadership in Action!

As part of a school project, Ryan Johnstone, a high school student at Franco-Ouest, started looking into issues related to homelessness. "I found out that many vulnerable people in our community really need warm, properly fitting socks, shoes and boots, yet these items are donated less than other types of clothing." To Ryan's surprise, once he put the word out, he collected 45 pairs of boots, 30 pairs of shoes, and 50 pairs of socks which I have distributed to three organizations, including Carty House. He also raised $700 in financial donations for like-organizations. "This is an especially hard year for so many people because of the pandemic. It feels really good to do something to support those in the community that need that extra help right now. I hope I can do something like this again!" Way to go Ryan!

Carty House
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Ottawa, ON K1S 5H9

Carty House

A first home and helping hand for refugee women in Ottawa

OUR VISION

A welcoming community where all refugee women have access to a safe and stable home.

OUR MISSION

Carty House provides a first home and a helping hand to refugee women in need in the Ottawa area. We assist them in pursuing their claims and adjusting to their new life on arrival to Canada through the provision of accommodation, as well as through material, financial and psychological support.

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YOU keep Carty House open!

Donate online at CartyHouse.org/donate

E-Transfer to Office@CartyHouse.org

Mail your cheque to:
Carty House, PO Box 4758, Stn. E., Ottawa, ON K1S 5H9

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